<table>
<thead>
<tr>
<th>Size Order Code</th>
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<tbody>
<tr>
<td>13mm NU13*</td>
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</tr>
<tr>
<td>25mm NU25*</td>
<td>10</td>
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<tr>
<td>28mm NU28*</td>
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<td>32mm NU32*</td>
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<tr>
<td>38mm NU38*</td>
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<tr>
<td>41mm NU41*</td>
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</table>

**Large Drainable Pouches**

<table>
<thead>
<tr>
<th>Size Order Code</th>
<th>Pack Size</th>
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</thead>
<tbody>
<tr>
<td>13mm HDDL1332</td>
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</tr>
<tr>
<td>13mm HDDL1350</td>
<td>30</td>
</tr>
<tr>
<td>13mm HDDL1370</td>
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</tr>
</tbody>
</table>

**Harmony Duo**

For more information and free samples please call FREEPHONE 1-800 408 508 (Ireland)

or visit www.saltsstomacare.co.uk

Overseas customers can contact our International Customer Services Team: Telephone +44 (0) 121 333 2000 or email international@salts.co.uk

* Starter hole wafers can be cut up to 70mm wide and 55mm deep.
Following discharge, the patient made good progress, both physically and psychologically and during his 6-monthly follow-up appointment he discussed the possibility of playing bowls. He was also measured for a hernia support garment as a prophylactic measure and advised about its use. At his next 6-monthly review, all was going well and the patient was very positive, even agreeing to become a patient advocate and disseminate the impact of stoma surgery with other potential patients.

COMPLICATIONS
• A few weeks prior to his scheduled annual follow-up appointment, the patient contacted the department as he was concerned that he had developed a lump behind his stoma. The pouches were no longer adhering well to his skin despite the use of wafer extensions which had been recommended by a company representative while the patient was attending a support group meeting.

TREATMENT
• Confidence® Natural urostomy pouch was the first option he decided to try because of the Flexistore® wafer and the specially developed urostomy adhesive. Despite recommending the product, there was some anxiety on my part that there was no convexity and no integral belt loops for wearing a belt. He had delayed asking for help as he believed that he could be relied upon, he was happy to continue using it.

OUTCOME
• On attending clinic, the patient was feeling very pleased with the results; he was changing the pouch every 3 days, had experienced no episodes of leakages, and was planning to go away for the Christmas holidays to stay with family – something he would have never considered in the past. The use of Salts Confidence® Natural with this patient had a hugely beneficial psychological impact – increasing social esteem which had gradually been eroded by persistent leaks.

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The use of Salts Confidence® Natural pouches per month (£198.75) Convex pouches per month (£165.00) "Weater extensions per month (£62.75) Belts (2 per month) £6.00"

COSTS – CURRENT: £1,821.00

COSTS – PREVIOUSLY:

CONCLUSION
• He also found the pouches were comfortable to wear, stating that, at times, he forgot they were there.
• He regained the confidence to undertake a number of social engagements which most of us would take for granted.
• He had also found problems with the pouch leaking.
• He also found the pouches were comfortable to wear, stating that, at times, he forgot they were there.
Patient Case Study No. 3 (UK) | Confidence® Natural Drainable

**Patient History**

- 50 year old female
- 2000 – Hartmann’s colostomy
- 2003 – Excision of rectum
- 2005 – Laparoscopic parastomal hernia repair, using a polypropylene mesh
- 2003 – Laparoscopic parastomal hernia repair using a polypropylene mesh
- 2009 – Laparotomy and surgical repair of irreducible parastomal hernia (second complicated hernia repair)
- 2000 – Hartmann’s colostomy
- 2003 – Excision of rectum

**Treatment**

- The previous appliance was not satisfactory for the patient as it caused wrinkling, and leakages occurred due to poor adhesion from the bulkiness around the hernia.
- This lady now chose to wear a drainable pouch due to her erratic bowel function, often requiring 3 or 4 pouch changes a day. This sometimes resulted in sore skin under the wafer.
- She feels the corset stops the dragging, and supports and flattens the abdomen. This, hopefully, will prevent the hernia from getting worse, as well as giving her a better body image.

**Observation on Referral**

- She found the corset stops the dragging, and supports and flattens the abdomen. This, hopefully, will prevent the hernia from getting worse, as well as giving her a better body image.
- Patient has had no further leakage and is really happy with the pouch.
- However, he suffers from excessive, noisy wind which is stopping him from getting back to normal life.
- He is very negative and can’t see a way around this situation.
- We have discussed diet etc.
- The colorectal CNS, the psychologist and myself are meeting up with the patient to try and resolve these additional issues.

**Conclusion**

- Parastomal hernia repair is associated with high rates of morbidity, mortality and recurrence.
- The management of a parastomal hernia is a common clinical dilemma.
- Comfort and security from leaks is paramount to the patient.
- Using a stoma pouch that can provide the desired results may improve quality of life.
- Sadly, this lady was recommended and she tried several commercial company corsets, but found them quite uncomfortable. None helped with relieving her discomfort from the hernia.
- After attending an exhibition, she found a new support belt, and since then weaning it most of the time over Salts Simplicity pants (Ref 3).
- She feels the corset stops the dragging, and supports and flattens the abdomen. This, hopefully, will prevent the hernia from getting worse, as well as giving her a better body image.

**Patient Case Study No. 2 (UK) | Confidence® Natural Drainable**

**Patient History**

- 82 year old male
- Lives alone
- He had 10 years previous of rectal cancer
- Very active as a captain of the local bowls team
- Member and organiser of a walking group
- Very active and is the captain of the local bowls team
- His wife died 10 years previous of rectal cancer

**Observation on Referral**

- Patient has had no further leakage and is really happy with the pouch.
- However, he suffers from excessive, noisy wind which is stopping him from getting back to normal life.
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**Patient Case Study No. 1 (UK)**

**Patient History**

- 70 year old female
- Recurrent rectal cancer
- 2009 – Laparotomy and surgical repair of irreducible parastomal hernia
- 2008 – Hartmann’s procedure. Patient had a huge recovery but was miserable around the hood and creases (Ref 2)

**Observation on Referral**

- Patient has had no further leakage and is really happy with the pouch.
- However, he suffers from excessive, noisy wind which is stopping him from getting back to normal life.
- He is very negative and can’t see a way around this situation.
- We have discussed diet etc.
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**Patient Case Study No. 5**  
**Skin**

- No more leaks or [Ref 3](#)
- Able to place the pouch while standing
- No “sharp edges”
- Comfortable to wear
- Patient found pouches easy to remove
- No leakage [Ref 2](#)
- Little residue on skin
- Skin looked and felt well moisturised
- Barrier cream only used for 3 pouch changes,
  - Skin had healed [Ref 1](#)
- Reviewed after 2 weeks

**Patient History**

- 68 year old male
- Hypertension
- Parastomal hernia, 2009 – no surgery
- Rectal Adenocarcinoma
- Abdoperineal resection of rectum, 2007
- Type 2 diabetes
- Self-referral to hospital with sore skin

**Results Using Confidence® Natural**

- Referral to Community Stoma Care Nurse
- Advised to use a barrier cream for 2 weeks

**Treatment**

- Hospital Stoma Nurse observed pouch changing technique
- Changed pouch to Confidence® Natural because of its Aloe Vera content and Salts British Skin Foundation accreditation
- Advised to use a barrier cream for 2 weeks
- Referral to Community Stoma Care Nurse

**Observation on First Home Visit**

- At this point, she was referred to the Community Stoma Care Nurse
- The patient lost her confidence to go out and started feeling that she was becoming housebound due to the situation
- She was also very emotional because of the situation, becoming tearful at times

**Treatment**

- The patient was very reluctant to try a different pouch but we both felt that other accessories might not be the solution
- Our aim was to improve pouch adhesion and stop the leakages
- I recommended the new Confidence® Natural 1-piece pouch, as it is designed to mould around contours of the body and has a stronger adhesive, to prevent breakdown from the urine

**Conclusion**

- This patient regained confidence to enjoy her life again
- The Aloe Vera helped soothe the skin and stopped the itchy skin, which she had become self-conscious, and that the peristomal skin felt sore and itchy most of the time
- The pouch provided a longer wear time, thus assisting the peristomal skin healing process
- The hydrocolloid wafer infused with Aloe Vera improved the problem of her feeling sore on the perianal skin and stopped the itchy skin, which was an added result that we were not expecting
- But, most importantly, the Confidence® Natural urostomy pouch gave this patient the confidence to start going out again and enjoying her life without the fear of leakages

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**Outcome**

- Patient no longer has any daytime or night time leakages, feels more secure with the Confidence® Natural pouch and it fits around her parastomal hernia shape
- The hydrocolloid wafer infused with Aloe Vera improved the problem of her feeling sore on the perianal skin and stopped the itchy skin, which was an added result that we were not expecting

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**Patient Case Study No. 4**  
**Skin**

- Easy to use and comfortable to wear
- Skin condition improved quickly

**Conclusion**

- Confidence® Natural was easy for this patient to use and comfortable for her to wear
- Skin condition improved quickly
- The Flexifit® wafer provided an excellent fit, giving the patient the confidence to start going out again

**Patient History**

- 80 year old female
- Bladder cancer 15 years ago. She underwent a radical cystectomy with formation of a urostomy
- For many years, the patient used a 2-piece urostomy product and had no problems with management
- However, over the last 1 – 4 years, she developed problems with leakages but continued the same stoma care regime
- Until last year, she was leaking daily, day and night
- The patient lost her confidence to go out and started becoming depressed
- At this point, she was referred to the Community Stoma Care Nurse

**Results Using Confidence® Natural**

- The pouch stayed intact for 2 days and, for a further 2 weeks, had the same wear time
- patience no longer has any daytime or night time leakages, feels more secure with the Confidence® Natural pouch and it fits around her parastomal hernia shape
- The hydrocolloid wafer infused with Aloe Vera improved the problem of her feeling sore on the perianal skin and stopped the itchy skin, which was an added result that we were not expecting

---

**Conclusion**

- Confidence® Natural prevented leakage for this patient
- The pouch provided a longer wear time, thus assisting the perianal skin healing process
- The Aloe Vera helped soothe the skin and stopped the itches she previously experienced
- This patient regained confidence to enjoy her life again

---

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**Skin**

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- Our aim was to improve pouch adhesion and stop the leakages
- I recommended the new Confidence® Natural 1-piece pouch, as it is designed to mould around contours of the body and has a stronger adhesive, to prevent breakdown from the urine

**Result**

- The pouch stayed intact for 2 days and, for a further 2 weeks, had the same wear time
- Patient was reluctant to use a different pouch but found the Confidence® Natural pouch easy to apply, fitting her body shape and adhering well to the skin [Ref 2 & 4]
PATIENT CASE STUDY No.6 (UK)  Harmony® Duo Drannable with Flexifit® flange

PATIENT HISTORY
- 60 year old male
- Stoma formed in 1988 following injuries incurred while working in bomb disposal
- 22 trouble-free years followed
- Readmitted, haemorrhaging from stoma in Oct 2010
- Further admissions, with suturing and refashioning
- Finally discharged in June 2011
- Referral received from hospital Stoma Nurse

INITIAL OBSERVATION
- Excoriated peristomal skin (Ref 1)
- Cavity from 10 – 4 o’clock
- Fistula around the 3 o’clock region

PRODUCTS BEING USED AT TIME OF VISIT
- Sorbsan packing
- Hydrocolloid paste
- Duoderm hydrocolloid square
- 2-piece system
- Micropore tape

PROBLEMS BEING EXPERIENCED
- Leakage from fistula seeping under Duoderm
- Sorbsan soaking up faecal fluid, preventing healing of the cavity
- Base plate lifting off
- Resultant sore skin
- Pouch lasting less than 24 hours
- Restriction to social activities, and lack of confidence

INITIAL TREATMENT
- Cavity packed with Sorbsan. Protective paste around fistula skin edge (Ref 2)
- SecuPlast® Mouldable Seal. Hydrocolloid paste (Ref 3)
- Convex ring to give base plate convexity as patient reluctant to try different product. Frequency of visits: 3 times a week plus emergency calls (Ref 4)

FOLLOW-UP TREATMENT
- Treatment continued over 2 weeks, with minimal improvement
- District nurse now supporting: 1 visit per week
- Leakage into Sorbsan reduced
- Skin around fistula deteriorated
- Suggested patient use Harmony® Duo 2-piece system with Flexifit® flange
- Patient had allergic reaction to the hydrocolloid surround and reported faecal fluid seeping through the tape surround
- Loss of confidence, changed back to original products at patients request

PROGRESS THROUGH INITIAL TREATMENT

CHANGE OF TREATMENT
- Eczematous perianal skin, causing pain and discomfort (Ref 5)
- SecuPlast® Mouldable Seal changed to large size (Ref 6)
- Flange made convex with a convex ring (Ref 7)

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IMPROVEMENTS
- Flange lasting longer
- Leakage not penetrating through hydrocolloid paste
- Perianal skin improving (Ref 11)
- Confidence building up, and patient starting to go out for walks
- Appointment received for consultant
- Mood lifting
**Patient History**
- 61 year old female
- History of abdominal pain, bloating, vomiting and change of bowel habit
- Colonoscopy revealed an annular stricture in distal sigmoid colon 15cm, impassable, biopsies taken
- Histology result came back as Moderately Differentiated Adenocarcinoma
- Symptoms of obstruction: being sick and loss of appetite
- December 2010: Laparoscopic assisted loop transverse defunctioning colostomy
- The patient was using a drainable pouch as her output was very erratic
- Discharged home after a couple of weeks, managing the stoma well
- I tried contacting the patient after 1 week of discharge to arrange a home visit – left messages on the phone but there was no response
- I received a call from the patient saying that her skin was so red, sore and very itchy – she offered to come to the clinic for review

**Treatment**
- On examination, the ostomy site was healthy but surrounding skin was very red and excoriated
- She had suffered an allergic reaction to the appliance she was using (Ref 1)
- Advised her to clean surrounding skin with water, dry, and then use a new appliance
- The new appliance recommended was Confidence® Natural Standard drainable pouch (ND13)
- Immediately after the pouch was put on, the patient said "It has a soothing, different feeling."
- After a week, I asked the patient to come to clinic for review (Ref 2) – redness still present
- Patient expressed that the pouch made a difference – very comfortable and no itchiness at all
- Redness was still noted but fading away
- Patient came to clinic for review
- Skin was perfect.

**Conclusion**
- From my experience, when a patient complains of itchiness under their pouch and redness on their skin, immediately, and without a second thought, I will put them on Confidence® Natural
- Confidence® Natural is brilliant; I highly recommend it to patients who suffer a skin reaction to other pouches.

**Patient Case Study No.6 (UK) continued**

**Harmony® Duo Drainable with Flexifit® flange**
- Flange in situ for over 36 hours
- Protective paste discontinued
- Leakage contained with hydrocolloid paste
- Further improvements visible (Ref 16–19)
- Patient happy to continue with Harmony® Duo with Flexifit® flange
- Appointment received to see Consultant

**Assessment 1 Week Later**
- In situ for over 36 hours
- Leakage contained with hydrocolloid paste
- Protective paste continued

**Results**
- Flange in situ for over 36 hours
- Protective paste discontinued
- Leakage contained with hydrocolloid paste
- Further improvements visible (Ref 16–19)
- Patient happy to continue with Harmony® Duo with Flexifit® flange
- Appointment received to see Consultant

**Conclusion**
- The Harmony® Duo Flexifit® flange has provided benefits to the patient, both in terms of improved physical and emotional wellbeing
- Provided an alternative to convexity
- Decreased the frequency of flange changes
- Allowed patient freedom to leave the house
- Gained patient trust in the products used

**Conclusion**
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**Conclusion**
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PatieNt hiStorY
• 67 year old male
• Married and working as a taxi driver, running his own company
• Rectal cancer at 5cm level, surgery after short radiotherapy
• Rectal excision with permanent colostomy in May 2008
  • Radical surgery
ObserVatioN oN reFerraL
• At the first post-surgery visit to the stoma clinic, the patient receives information about one-piece pouches and tests all the pouches available on the market
• He decides on two different pouches and is pleased with them
• Tissue irritation after about 6 months and starts to irrigate every other day
• The area around the stoma begins to bulge more and more and at the one-year check-up, a peristomal hernia is found
• Skin around the stoma also shows redness in patches
• The patient is recommended to use Pivacain® (topical steroid cream) for two weeks and pays a visit after four weeks. He is much bothered by his hernia, now CT verified, and is scheduled for surgery
• The peristomal skin is still not healed, and there is still redness with folliculitis
• Instructed on shaving the peristomal skin, to be careful when changing pouches and to use the remover pad to reduce the risk of stripping damage
• Starts a short treatment with Kenacomb® (corticosteroid) that the patient has used previously, prescribed by a dermatologist
• The patient does not return to the out-patient clinic for about 5 months. The patient requires treatment of his irritated skin and expresses that the bag often lifts from the skin and that it has to be changed many times a day
• The skin is now very red under the entire wafer, dry, flaky skin on the edges, and it also bleeds in some places
• The patient does not want to change go to another pouch from another company and is happy with the one he has, but is recommended a treatment with Bomexan with Chonoform® every other day for two weeks, and to be very careful during bag changes
• The patient cancels the follow-up appointment as he feels the skin now looks better

TREATMENT
• The patient is now recommended to switch to Confidence® Natural and not to use any other treatment as there have been no previous signs of improvement
• On a follow-up visit at the stoma outpatient clinic 2 weeks later, the patient is very satisfied with the new pouch. Skin irritation has begun to fade away after a few days usage and is now much better (Ref 2)
• The patient feels that the bag has a good fit, with no leakage or pancaking problems that he was troubled by in the past. He expressed that he’d like to continue with this pouch
• At the additional follow-up after 5 weeks, (7 weeks after switching to a new bag), the patient is still very happy, with the peristomal skin now almost normal looking (Ref 3)

The patient is operated on in 2010 for his hernia. During this time, the patient only has telephone contact with the stoma clinic for stoma care prescription
• April 2011 – the patient is hospitalised on the ward because of constipation. When looked at, the skin is substantially red throughout the whole peristomal area
• The patient states that it always looks like that. He usually needs to change his bag four times a day and always feel insecure about using it

SKIN
• The patient feels confident with his new bag; does not need any accessories that he previously used, such as remover spray; and changes the bag less often, as the new bag fits much better and does not lift off
• Changes are now limited to 1–2 times a day and then only due to the amount of faeces in the bag
• The patient feels completely safe and happy with his new bag

CoNcLuSioN
• The patient feels confident with his new bag; does not need any accessories that he previously used, such as remover spray, and changes the bag less often, as the new bag fits much better and does not lift off
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PATIENT CASE STUDY No.8 (Sweden) Confidence® Natural Closed

1. The skin prior to using Confidence® Natural
2. More frequent changes and no need for accessories
3. Fits much better and does not lift off

Ref 1: The skin prior to using Confidence® Natural
Ref 2: Less frequent changes and no need for accessories
Ref 3: Feels completely safe, confident and happy

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  • Radical surgery
ObserVatioN oN reFerraL
• At the first post-surgery visit to the stoma clinic, the patient receives information about one-piece pouches and tests all the pouches available on the market
• He decides on two different pouches and is pleased with them
• Tissue irritation after about 6 months and starts to irrigate every other day
• The area around the stoma begins to bulge more and more and at the one-year check-up, a peristomal hernia is found
• Skin around the stoma also shows redness in patches
• The patient is recommended to use Pivacain® (topical steroid cream) for two weeks and pays a visit after four weeks. He is much bothered by his hernia, now CT verified, and is scheduled for surgery
• The peristomal skin is still not healed, and there is still redness with folliculitis
• Instructed on shaving the peristomal skin, to be careful when changing pouches and to use the remover pad to reduce the risk of stripping damage
• Starts a short treatment with Kenacomb® (corticosteroid) that the patient has used previously, prescribed by a dermatologist
• The patient does not return to the out-patient clinic for about 5 months. The patient requires treatment of his irritated skin and expresses that the bag often lifts from the skin and that it has to be changed many times a day
• The skin is now very red under the entire wafer, dry, flaky skin on the edges, and it also bleeds in some places
• The patient does not want to change go to another pouch from another company and is happy with the one he has, but is recommended a treatment with Bomexan with Chonoform® every other day for two weeks, and to be very careful during bag changes
• The patient cancels the follow-up appointment as he feels the skin now looks better

TREATMENT
• The patient is now recommended to switch to Confidence® Natural and not to use any other treatment as there have been no previous signs of improvement
• On a follow-up visit at the stoma outpatient clinic 2 weeks later, the patient is very satisfied with the new pouch. Skin irritation has begun to fade away after a few days usage and is now much better (Ref 2)
• The patient feels that the bag has a good fit, with no leakage or pancaking problems that he was troubled by in the past. He expressed that he’d like to continue with this pouch
• At the additional follow-up after 5 weeks, (7 weeks after switching to a new bag), the patient is still very happy, with the peristomal skin now almost normal looking (Ref 3)

The patient is operated on in 2010 for his hernia. During this time, the patient only has telephone contact with the stoma clinic for stoma care prescription
• April 2011 – the patient is hospitalised on the ward because of constipation. When looked at, the skin is substantially red throughout the whole peristomal area
• The patient states that it always looks like that. He usually needs to change his bag four times a day and always feel insecure about using it

SKIN
• The patient feels confident with his new bag; does not need any accessories that he previously used, such as remover spray; and changes the bag less often, as the new bag fits much better and does not lift off
• Changes are now limited to 1–2 times a day and then only due to the amount of faeces in the bag
• The patient feels completely safe and happy with his new bag

CoNcLuSioN
• The patient feels confident with his new bag; does not need any accessories that he previously used, such as remover spray, and changes the bag less often, as the new bag fits much better and does not lift off
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• The patient feels confident with his new bag.
PATIENT CASE STUDY No.9 (UK) Confidence® Natural Closed

PATIENT HISTORY
• 82 year old female
• APER and end colostomy formed in 2009 for Dukes B carcinoma of rectum
• Very active, well educated, keen gardener, generally fit
• Had lost contact with NHS Stoma Care Team
• Self-referral, with a bulging abdomen and extremely sore excoriated skin which had failed to heal
• Very low mood

OBSERVATION ON REFERRAL
• Severe erythematous peristomal skin
• Bulging abdomen with uneven contours and small parastomal hernia
• Experiencing pancaking and leaks
• Pouches would not stick to weeping skin, frequent changes exacerbating the problem
• Severely lacking confidence, with potential to socially isolate herself
• Using a combination of two different pouches with skin protective film wipes and medical adhesive remover wipers
• Red, angry and weeping skin with a wart at the left outer edge
• Severe itching and discomfort
• Using skin protective film at this point

PRESCRIBED TREATMENT
• To stop using medical adhesive remover and skin protective film wipe in order to assess whether or not the wipes were causing a contact dermatitis. Shown how to remove pouch effectively without chemicals
• Advised to use water to wash, and pat dry with soft dry wipe, avoiding rubbing to prevent further skin trauma
• Apply Confidence® Natural Closed, trying to limit to twice daily changes

RESULTS
• One week later, the skin was much improved. Still red and raised areas, but not weeping and the patient was feeling more positive. There was visibly less skin trauma due to improved pouch removal technique (Ref 1)
• A further 8 weeks later, healthy, intact peristomal skin with continued use of Confidence® Natural (Ref 2)
• The pouches are easily removed without adhesive remover. As a result, there is no chemical irritation or skin trauma
• The wounds have also healed

OUTCOME
• Healthy, intact peristomal skin. Confidence® Natural fits to uneven contours and moves with the patient, allowing her to have an active lifestyle
• A confident patient, who is comfortable and no longer worries about ‘accidents’
• Still experiences some pancaking but attributes this to diet and fluid intake, and is happy to manage this independently

CONCLUSION
• Confidence® Natural is flexible and fits uneven contours
• Confidence® Natural moves with the patient and will remain intact even when bending, stretching and with increased activity
• With the combination of discontinuing the skin protective film wipe and adhesive remover, and using the flexible, skin-friendly Flexifit® wafer, the outcome was very satisfactory

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PATIENT CARING FOR STOMA CARE